

144Hz vs 240Hz Monitors (vsdiff.com)

Feature	144Hz Monitor	240Hz Monitor
Refresh Rate	144 times per second	240 times per second
Visual Smoothness	Good, but can experience motion blur	Exceptional, minimal motion blur
Input Lag	About 10-12 ms	About 5-7 ms
Suitability for Gaming	Great for casual gamers	Ideal for competitive gamers
Price Range	Generally more affordable	More expensive due to advanced tech
Graphics Card Requirement	Moderate	High-end recommended

Source: <https://vsdiff.com/144hz-vs-240hz-monitors/>