Business Trips vs Remote Collaboration (vsdiff.com)

Criteria	Business Trips	Remote Collaboration
Cost	High - travel, accommodation, and food expenses	Low - primarily requires internet access
Time Efficiency	Can be time-consuming due to travel	Highly efficient with minimal time taken for meetings
Networking Opportunities	Excellent - face-to-face interactions	Limited - mainly through digital channels
Work-Life Balance	Often disrupted, requiring time away from home	Better control over personal time and work tasks
Communication Quality	High - non-verbal cues and immediate feedback	Varied - potential for miscommunication through text
Team Cohesion	Strengthened through in- person meetings	Can struggle without face-to- face interaction
Flexibility	Low – fixed schedules due to travel	High – adaptable to personal schedules

Source: https://vsdiff.com/business-trips-vs-remote-collaboration/