Lightning Cable vs USB-C Cable (vsdiff.com)

| Feature | Lightning Cable | USB-C Cable |
|------------------------|-------------------------------|--|
| Design | Proprietary design from Apple | Universal design, reversible connection |
| Compatibility | Only with Apple devices | Compatible with a wide range of devices (Android, laptops, etc.) |
| Data Transfer Speed | Up to 480 Mbps (USB 2.0) | Up to 10 Gbps (USB 3.1) and beyond |
| Charging Speed | Up to 20W | Up to 100W (with Power Delivery) |
| Durability | Moderate | High (can support more wear and tear) |
| Price Range | Higher (Apple products) | Varied (generic and branded options available) |

Source: https://vsdiff.com/lightning-cable-vs-usb-c-cable/