Project-Based Work vs Routine Work (vsdiff.com)

Feature	Project-Based Work	Routine Work
Definition	Work organized around specific, time-bound projects.	Continuous tasks that occur regularly or repeatedly.
Flexibility	High; it allows adaptation based on project needs.	Low; procedures and tasks are often predefined.
Variety	High; each project can differ significantly.	Low; tasks are repetitive and consistent.
Skill Requirements	Diverse skill sets may be required for different projects.	Specialized skills for specific, ongoing tasks.
Collaboration	Often involves multidisciplinary teams.	Typically involves set teams with fixed roles.
Job Satisfaction	Can be higher due to variety and challenge.	May be lower due to monotony.
Time Management	Requires strong management skills to meet deadlines.	Easier to manage; routines are predictable.

Source: https://vsdiff.com/project-based-work-vs-routine-work/