Smart Glasses vs Smartwatch (vsdiff.com)

Features	Smart Glasses	Smartwatch
Functionality	AR applications, hands-free navigation, photo/video capture	Health tracking, notifications, mobile payments
Display	Transparent display, immersive experience	Touchscreen, various watch faces
Price Range	High-end (typically starting from \$500)	Varies widely (\$100 - \$1,500)
Battery Life	Short (a few hours to a full day)	Varies (from 1 day to over a week)
Use Cases	Professional use, gaming, fitness tracking	Health monitoring, messaging, navigation
Size & Portability	Bulky designs (may not be stylish)	Slim, lightweight, and stylish

Source: https://vsdiff.com/smart-glasses-vs-smartwatch/