

## Smartwatch vs Fitness Tracker (vsdiff.com)

Feature	Smartwatch	Fitness Tracker
<b>Primary Functionality</b>	Multifunctional (calls, notifications, apps)	Fitness monitoring (steps, heart rate)
<b>Display</b>	Touchscreen with customizable watch faces	Monochrome or basic displays
<b>Battery Life</b>	1-2 days	5-14 days
<b>Health Tracking</b>	Comprehensive (heart rate, GPS, sleep tracking)	Basic (step count, heart rate)
<b>Price Range</b>	\$150 - \$1000+	\$30 - \$200

Source: <https://vsdiff.com/smartwatch-vs-fitness-tracker/>