Task Delegation vs Micromanagement (vsdiff.com)

Features	Task Delegation	Micromanagement
Management Style	Empowering	Controlling
Employee Autonomy	High	Low
Focus on Results	Outcome-oriented	Process-oriented
Team Morale	Higher	Lower
Risk of Burnout	Reduced	Increased

Source: https://vsdiff.com/task-delegation-vs-micromanagement/