Work From Home vs Hybrid Work (vsdiff.com)

Criteria	Work From Home	Hybrid Work
Flexibility	Highly flexible, offers complete control over work hours and environment.	Moderate flexibility, allows some remote work while requiring in-office presence.
Work-Life Balance	Improves work-life balance as employees can manage their personal and professional lives better.	Provides a balance but may create challenges with commute and office expectations.
Collaboration	Can hinder spontaneous collaboration due to lack of physical presence.	Facilitates collaboration with in-person interactions and remote flexibility.
Company Culture	May weaken company culture due to isolation and lack of interaction.	Helps maintain company culture with regular face-to-face meetings.
Productivity	Can increase productivity for self-motivated individuals.	Productivity levels can vary based on team dynamics and environment.
Cost Savings	Saves on commuting and work attire costs.	Provides partial savings but may incur costs for commuting days.

Source: https://vsdiff.com/work-from-home-vs-hybrid-work/