

Business Travel vs Virtual Meetings (vsdiff.com)

Feature	Business Travel	Virtual Meetings
Cost	High (flights, accommodation, meals)	Low (software and internet costs)
Time Investment	Significant (travel time included)	Minimal (just log in)
Personal Engagement	High (in-person interaction)	Moderate (limited non-verbal cues)
Networking Opportunities	Extensive (meet new clients and partners)	Limited (mostly within the same organization)
Technology Dependence	Minimal (physical meetings)	High (reliant on tech for connection)

Source: <https://vsdiff.com/business-travel-vs-virtual-meetings/>