

Career Mentor vs Career Coach (vsdiff.com)

Feature	Career Mentor	Career Coach
Definition	A mentor is often an experienced individual who provides guidance and advice based on their own experiences.	A coach focuses on helping clients achieve specific career goals through structured sessions.
Approach	Informal and relationship-based, focusing on personal and professional growth.	Formal and process-oriented, concentrating on performance enhancement and skill development.
Duration of Engagement	Long-term relationship that can evolve over years.	Short to medium-term engagement, often with a defined timeline.
Goal Orientation	Broad personal and professional development.	Specific and measurable goals related to career advancement.
Background	Usually comes from a similar field or industry, often like-minded.	Can be from any industry and utilizes various methodologies.
Relationship	Mentor-mentee relationship based on trust and rapport.	Coach-client relationship that is more structured and goal-focused.
Fees	Often free or nominal, often a personal commitment.	Typically paid services with defined rates and packages.

Source: <https://vsdiff.com/career-mentor-vs-career-coach/>