

## Fitness Tracker vs Smartwatch (vsdiff.com)

Feature	Fitness Tracker	Smartwatch
Primary Function	Fitness monitoring	Multi-functional (fitness + smart features)
Customization	Limited	Highly customizable with apps
Battery Life	Long (up to 7 days)	Short (1-3 days)
Price Range	Affordable (\$50 - \$150)	Expensive (\$200 and up)
Notifications	Limited notifications	Full notifications & interaction

Source: <https://vsdiff.com/fitness-tracker-vs-smartwatch/>