

Flexible Work Policies vs Strict Policies (vsdiff.com)

Feature	Flexible Work Policies	Strict Work Policies
Work Hours	Flexible, personalized	Set, rigid
Location	Remote or hybrid options	Office-based only
Employee Autonomy	High	Low
Work-Life Balance	Better	Challenging
Employee Satisfaction	Generally higher	Often lower
Management Style	Collaborative	Authoritative
Adaptability to Change	Highly adaptable	Limited

Source: <https://vsdiff.com/flexible-work-policies-vs-strict-policies/>