Headphones vs Earbuds (vsdiff.com)

Aspect	Headphones	Earbuds
Design	Over-ear or on-ear	In-ear
Comfort	Better for long listening sessions	Portability may come at the cost of comfort
Portability	Bulkier, less portable	Compact and lightweight

Aspect	Headphones	Earbuds
Sound Quality	Richer audio experience and better bass	Good sound, but bass may be lacking
Noise Isolation	Depends on design, generally good	Excellent due to ear canal fit

Aspect	Headphones	Earbuds
Best for	Home, gaming, studio	Commuting, exercising, travel
Durability	Generally more robust	Less durable, more prone to damage

Source: https://vsdiff.com/headphones-vs-earbuds/