Teams vs Slack (vsdiff.com)

Feature	Microsoft Teams	Slack
Messaging and Channels	Chat and channel-based communication with threaded conversations	Direct messages and multiple channels for organized discussions
Video Conferencing	High-quality video calls with up to 10,000 participants	Video calls with integration via third-party apps for larger meetings
File Sharing	Seamless sharing within the Microsoft ecosystem; real-time co-authoring	Easy file sharing with integrations available but lacks real-time co-editing
Integrations	Strong integration with Microsoft 365 applications	Offers thousands of integrations, customizable to various workflows
Security	Enterprise-level security with compliance options	Robust security measures, but less compliant with certain regulations

Source: https://vsdiff.com/teams-vs-slack/