

## VR Headset vs AR Glasses (vsdiff.com)

Feature	VR Headset	AR Glasses
<b>Primary Function</b>	Immersive virtual environments	Overlay digital information onto the real world
<b>User Interaction</b>	Full immersion, usually requires a controller	Interaction through gestures or voice commands
<b>Field of View</b>	Wider field of view for immersive experience	Narrower field of view; focused on overlays
<b>Use Cases</b>	Gaming, training simulations, educational content	Navigation, manufacturing, healthcare applications
<b>Hardware Requirements</b>	Often requires a powerful PC or console	Standalone or smartphone-operated
<b>Comfort Level</b>	Can cause discomfort during prolonged usage	Generally lighter and designed for casual wear
<b>Price Range</b>	\$200 to \$1,000	\$200 to \$800

Source: <https://vsdiff.com/vr-headset-vs-ar-glasses/>