

AMD Ryzen 7 vs Intel i7 (vsdiff.com)

Feature	AMD Ryzen 7	Intel i7
Cores	8	4 to 8 (depends on generation)
Threads	16	8 to 16 (depends on generation)
Base Clock Speed	3.6 GHz	2.9 GHz to 3.5 GHz
Max Boost Clock	4.9 GHz	4.9 GHz
Cache	16 MB	12 MB to 20 MB (depends on generation)
TDP	65W to 105W (depends on model)	65W to 125W (depends on model)

Source: <https://vsdiff.com/amd-ryzen-7-vs-intel-i7/>