Gaming Laptop vs Regular Laptop (vsdiff.com)

| Feature | Gaming Laptop | Regular Laptop |
|------------------------|--|---|
| Processor (CPU) | High-performance CPUs (Intel i7/i9 or AMD Ryzen 7/9) | Standard CPUs (Intel i3/i5 or AMD Ryzen 3/5) |
| Graphics Card (GPU) | Dedicated GPUs (NVIDIA GeForce RTX series) | Integrated graphics (Intel HD or AMD Radeon Graphics) |
| RAM | 8GB to 64GB | 4GB to 16GB |
| Storage | SSD + HDD combinations, often faster | HDDs or basic SSDs |

| Parameter | Gaming Laptop | Regular Laptop |
|-------------------------|--|---|
| Average Battery Life | 3-6 hours under load | 6-12 hours for regular tasks |
| Power Management | Limited due to high power requirements | Optimized for daily usage to extend battery |

| Feature | Gaming Laptop | Regular Laptop |
|--------------------|--|---|
| Starting Price | \$800 - \$2000+ | \$300 - \$1200 |
| Value for Money | High performance for gaming but can be overkill for non-gaming tasks | Great balance for daily tasks at a lower cost |

Source: https://vsdiff.com/gaming-laptop-vs-regular-laptop/