

## Gaming Monitor vs Regular Monitor (vsdiff.com)

| Feature                  | Gaming Monitor         | Regular Monitor         |
|--------------------------|------------------------|-------------------------|
| Refresh Rate             | 144Hz - 240Hz+         | 60Hz - 75Hz             |
| Response Time            | 1ms - 3ms              | 5ms - 10ms              |
| Adaptive Sync Technology | G-Sync / FreeSync      | Not typically available |
| Panel Type               | IPS / TN / VA          | IPS / VA                |
| Color Accuracy           | High (sRGB, Adobe RGB) | Moderate                |
| Price Range              | \$200 - \$1000+        | \$100 - \$300           |

Source: <https://vsdiff.com/gaming-monitor-vs-regular-monitor/>