

## Club Soda vs Tonic Water (vsdiff.com)

Attribute	Club Soda	Tonic Water
Primary flavor	Neutral to slightly <i>saline</i>	<b>Bitter</b> (from <b>quinine</b> )
Key additive	Added <b>minerals</b> (bicarbonate, citrate, etc.)	<b>Quinine</b> + sweeteners (sugar or sweeteners)
Calories (typical)	≈ 0-5 kcal per 100 ml	≈ 30-50 kcal per 100 ml (varies by brand)
Typical sodium	≈ 10-100 mg per liter (brand-dependent)	Generally low, but often similar to sparkling water
Common uses	Mixing solvent, diluent, short cocktails	Signature mixer for <b>Gin &amp; Tonic</b> and bitter cocktails
Perceived carbonation	Often sharper mouthfeel	Slightly softer due to sweet/bitter balance

Source: <https://vsdiff.com/club-soda-vs-tonic-water/>