

Cold-Blooded vs Warm-Blooded (vsdiff.com)

Feature	Cold-Blooded Animals	Warm-Blooded Animals
Body Temperature Regulation	Depends on the environment	Maintains a constant internal temperature
Metabolic Rate	Varies with environmental temperature	Generally higher and stable
Activity Level	Active during warm conditions	Active regardless of external temperature
Energy Use	Lower energy consumption	Higher energy demand
Examples	Reptiles, Amphibians, Fish	Birds, Mammals

Source: <https://vsdiff.com/cold-blooded-vs-warm-blooded/>