

Earl Grey vs English Breakfast Tea (vsdiff.com)

Earl Grey	English Breakfast
<i>Black tea base</i> (usually Assam/Ceylon) + bergamot oil	<i>Blend of robust black teas</i> (Assam, Ceylon, Kenyan, sometimes Yunnan)
Typical flavor: citrusy, floral, aromatic	Typical flavor: malty, full-bodied, brisk
Common additions: often drunk plain, sometimes with a slice of lemon	Common additions: commonly served with milk and sugar
Occasions: afternoon tea, standalone aromatic cup	Occasions: breakfast, hearty meals, cafe service
Caffeine: medium (varies by blend)	Caffeine: medium-to-high (varies by tea mix)

Source: <https://vsdiff.com/earl-grey-vs-english-breakfast-tea/>