

## Blueberry vs Bilberry (vsdiff.com)

Attribute	Blueberry	Bilberry
Scientific groups	<b>Vaccinium</b> sect. <i>Cyanococcus</i>	<b>Vaccinium</b> spp. (e.g., <i>myrtillus</i> )
Typical size	~6-14 mm diameter	~4-9 mm diameter
Skin & flesh	Pale flesh; <i>light-colored</i> interior	<i>Deeply pigmented</i> flesh (blue/purple throughout)
Domestication	Domesticated & widely cultivated (early 20th century domestication efforts)	Mostly wild-harvested; limited cultivation
Primary regions	North America (cultivars), global commercial production	Europe (Scandinavia, UK), parts of Asia; mainly wild
Common uses	Fresh market, processing, frozen, juices, baking	Jam, traditional desserts, wild-foraged uses, niche processing
Key phytochemical note	High in anthocyanins (skin-focused); variable by cultivar	Generally higher anthocyanin concentration per gram; pigments in <b>flesh</b>

Source: <https://vsdiff.com/blueberry-vs-bilberry/>