

Grapefruit vs Pomelo (vsdiff.com)

Attribute	Grapefruit (<i>Citrus × paradisi</i>)	Pomelo (<i>Citrus maxima</i> / <i>C. grandis</i>)
Typical size	Medium (approx. 8–15 cm diameter)	Large (often 15–25+ cm diameter)
Peel & rind	<i>Thinner rind, easier to zest</i>	<i>Thick, spongy rind — common for candying</i>
Flavor profile	Often tart-bitter with citrus aroma	Tends toward milder sweetness , sometimes floral
Bitterness drivers	Naringin and furanocoumarins (notable)	Lower naringin; variable furanocoumarins
Primary uses	Fresh eating, juicing, cocktails, medicine interactions caution	Fresh segments, salads, confectionery, marmalade
Origins & history	Hybrid likely in 18th century Caribbean (pomelo × sweet orange)	Ancient SE Asian species; cultivated for <i>millennia</i>

Source: <https://vsdiff.com/grapefruit-vs-pomelo/>